



BernadineFOX

Speaker Info

(778) 869-0733 bernadinefox@outlook.com

Other links: linktr.ee/bernadinefox

Topics

(from lived experience)

- Therapeutic Issues for Survivors of Unethical Therapists
- Dissociative Identities
- What Therapists Should Know About What their Clients Aren't Telling Them and Why

Books



[Coming To Voice: Surviving an Abusive Therapist](#)
[Examining Ethical Boundaries in Therapy: A Checklist](#)
[Circles: A short story about the effect of battering.](#)

What People Say

In nearly 40 years, I have never met anyone as energetic, creative, and determined as Bernadine.... [She] has shown herself to be empathic, kind, wise and level-headed. ... insightful and reliable collaborator... Without question, Bernadine has used her own experience and courageous recovery generously and intelligently to help others. Jan Wohlberg/TELL

Bernadine's natural ability to collaborate with diverse groups of people, facilitate difficult conversations, and articulate experiences and perspectives often misrepresented by mainstream media are behind the show's success. McKinnon/Vancouver Coop Radio CFRO 100.5FM

Bernadine embodies hope and shares knowledge with such grace and difficult topics with ease and accessibility.

Few thrive after these life atrocities, let alone evolve into the splendid role model she embodies. At 63 years, she demonstrates that you are never too old to come back. Daniel Curtis ... [more](#)



Podcast

[Re-Threading Madness Radio](#)

Partial Client List

- Assoc of Co-Operative Counselling Therapists
Gibsons Town Hall, Gibsons
- Gallery Gachet (various talks & symposiums)
- Canadian Psychiatric Association
- Elizabeth Fry Society
- Vancouver Crisis Line
- Northwest Region Study Group, Bellingham, WA,
- Barbra Schiefler Commemorative Clinic, Toronto
- Int'l Society for the Study of Trauma & Dissociation ... [more](#)

Bio

Bernadine Fox is an award-winning mental health advocate and a visual artist ([portfolio](#)), writer, social activist, and public speaker in Vancouver BC who constructs narratives that explore various social issues in need of voice. A graduate of ECIAD, for the last 3 years Bernadine has produced and hosted an on-air [radio program, Re-Threading Madness](#) (formerly Both Sides Now) which dares to change how we think about mental health. Bernadine Fox endured sexual and physical abuse as a child, and later at the hands of her therapist and abuser. Despite the lifelong trauma, PTSD, Chronic Fatigue and Osteoarthritis, she selflessly chooses to share her story and use her voice to shed light on the issues of mental health and abuse of power. A mental health advocate for 30+years, she now volunteers for [TELL](#), an organization that provides resources and support for those exploited by their therapists or doctors. Fox takes complex issues and untangles them leaving them easily accessible. Her approach is one of respect for the audience members and the material. She is available for lectures, workshops, keynote, podcast, radio, print, and TV. ([Long Bio](#))

Other AV needs: mic, PC laptop for PowerPoint

